

Case Study #1 – AT Category: Mobility, Seating and Positioning (SETT)

Student – preschool student with developmental delays; due to attention difficulties student has difficulty staying seated on carpet during group learning times

Environments – preschool classroom

Tasks – focusing attention during group learning times and staying seated in designation place on carpet

Tools – Does the individual already have access to tools?

Low-Tech

Mid-Tech

High-Tech



Masking tape to identify place - fidget item – weighted lap pad – Disc-O-Sit – Ball chair - HowdaHUG



STEP 1: Based on S-E-T data, enter descriptors or functions needed by the student across the shaded top row - 1 descriptor per column

STEP 2: Enter promising tools in the shaded left column - 1 tool per row

STEP 3: Note whether each tool matches a descriptor by placing an “X” in each of the applicable white boxes

Descriptors 	Easily moveable/ adjustable	Low profile	Easy to set up and remove	Provides defined sitting space	Provides proprioceptive input	Provides vestibular input
Tools 						
Masking tape		X		X		
Fidget item	X	X	X			
Weighted Lap pad	X	X	X		X	
Disc-O-Sit	X	X	X	X		X
Ball Chair	X		X	X		X
HowdaHUG seat	X		x	X	x	X

Modified from Joy Zabala’s SETT Scaffold for Tool Selection by Oklahoma ABLE Tech

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SETT forms and additional resources are available for download at <http://www.joyzabala.com>.