

## Case Study 2: AT Category: Learning, Cognition, Development - ORGANIZATION

**S**tudent – a high school senior with ADHD was taking several advanced placement classes and maintaining involvement in numerous school clubs and athletics. He was finding it more difficult to self-monitor his distractibility issues.

**E**nvironments – regular education classroom, home, etc.

**T**asks – concentrating on homework, reading, math, tests, without being distracted.

**T**ools – (ideas are below)

STEP 1: Based on S-E-T data, enter descriptors or functions needed by the student across the shaded top row - 1 descriptor per column

STEP 2: Enter promising tools in the shaded left column - 1 tool per row

STEP 3: Note whether each tool matches a descriptor by placing an “X” in each of the applicable white boxes



Descriptors →	Block noise	Needs stimulus to stop fidgeting	Aware of timed activity	Concentrate on homework	
Tools ↓					
Headphones ear buds	X			X	
Seating options, ball, vibrating pillow		X	X	X	
Time timer			X	X	